



## NATURHOTEL FORSTHOFGUT

# Europe's first waldSPA

With its sensitive mix of modern architecture and natural materials, Naturhotel Forsthofgut's **3,800m<sup>2</sup> waldSPA** ('forest spa') is a hotspot for design-conscious, nature-loving spa aficionados. Europe's first *waldSPA* was extended in 2016 to separate a new **family area, waldWIRBEL**, from the **adults-only waldSPA**. Highlights include an indoor woodland garden, a large reclaimed-wood outdoor sauna beside the deer park, a bio-sauna with indigenous mountain herbs, and an extra-large whirlpool in a secluded spot on the edge of the forest. *WaldSPA's* refreshing rock-framed shower is fed by the hotel's own spring; there's a 25m rooftop pool, a barn-style relaxation room and treatments in the forest clearing. An original 360-degree, four-elements concept based on fire, water, air and earth integrates nature into the new design. Its calming power is felt by guests relaxing in the wellness area, and natural light floods through **WaldSPA fitness** suite. This has the latest Technogym equipment from the Artis collection, a simulated forest floor, a personal trainer and a view of Leogang's mountain world.

## THE FORSTHOFGUT WALDSPA

Centrepiece of the Forsthofgut since 2011, the elegant waldSPA was expanded to its present impressive size (3,800m<sup>2</sup>) in 2016. Built directly into the slope of the forest and embracing a view of Leogang's Steinberg mountains, the waldSPA brings nature in from all sides. With its indoor woodland garden, use of wood from the surrounding forest and huge panoramic windows, the waldSPA takes natural wellness to a new level. "With the waldSPA we have been able to connect our guests with our alpine environment," says the Forsthofgut's proprietor Christoph Schmuck. "It generates a fully authentic relaxation experience."



## WATER, WOOD, WILDLIFE, WELLNESS

The 40m<sup>2</sup> Leoganger **stadlSAUNA** looks out on unsullied alpine nature; local mountain herbs fill the air in the **krauterZEIT** biosauna with invigorating scents. The infrared **salzLUFT** cabin pairs gentle warmth with healthy sea air and the **waldNEBEL** steam bath combines pleasant heat with high humidity and sensual fragrance. Cool off outside in the **waldQUELL**, a rock-framed shower fed from the hotel spring, and in the extra-large wildWASSER hot tub beside the hotel's deer park. From there, look down on the 25m **bergFRISCHE** pool, an incomparable swimming experience with a dreamy mountain view. The new lounge with its spa library is one quiet haven, but not the only one: the **naturMOMENT** relaxation room and **waldGEFLÜSTER** tea lounge are alternative options for rest and refueling. Fully decked out in wood with a shimmering play of natural light, the **waldSTADL** relaxation room will transport you to a summer idyll. There are sunbathing platforms on the edge of the woods, hidden among the reeds and on the **WaldSPA roof terrace**. No end of cosy corners for dolce far niente.

The ideal way to complete the waldSPA experience is with a signature treatment such as the **waldWIESE** treatment or the **waldSPA** muscle-freeing pine-wood massage, which can be taken indoors or outside, in the forest clearing or on one of the wooden platforms nestling among the reeds of the natural bathing lake. Carina Fleischacker's waldSPA team uses only top-quality products: natural Tyrolean cosmetics by Alpienne and skin care products by Comfort Zone and the alpine spa brand Pure Altitude.

## WALDSPA FITNESS

Sports enthusiasts power up in the waldSPA Fitness suite's spacious (300m<sup>2</sup>) training area and on Artis Collection technogym equipment. Feel the burn on forest-floor-effect treadmills and spinning bikes, with the mountains always in view. For gentle exercise such as yoga, stretching and relaxing, the **sonnenGRUSS** activity room brings nature in through its floor-to-ceiling windows. On request, the hotel's personal trainers conduct workout sessions in the woods or in the hotel's 7½ acres of garden.



## WALDSPA FOR FAMILIES

The **waldWIRBEL** family area is a spa experience like no other. With indoor and outdoor pool, pink quartz Biosauna, marmot sauna and mountain crystal steam bath, plus spacious relaxing rooms, the facility spells wellness fun for spa lovers great and small. For a refreshing kick after the sauna, try the Kneipp mountain stream. Other highlights are the specially developed spa treatments for children - **waldFEE-Magic**, or **waldWICHTEL-Power**.

## AWARDS

The travel magazine **GEO Saison's** international jury awarded Forsthofgut the title Most Beautiful Spa Hotel in Europe 2018. The 3,800m<sup>2</sup> waldSPA also won the **European Health & Spa award** for the Best Wellness Hotel Spa in Austria in 2016. Inspectors of the **Relax Guide 2018** agree, awarding the Forsthofgut 18 points and 3 out of 4 lilies for the waldSPA concept. This makes the Nature Hotel one of the top 15 wellness hotels in Austria. In addition, the Forsthofgut is listed in the Big **Hotel and Restaurant Guide 2017** as Austria's Wellness Hotel of the Year, with this description: "luxurious hotel with absolutely perfect comfort."

For more information about Hotel Forsthofgut, call +43(0)6583-8561 or visit [www.forsthofgut.at](http://www.forsthofgut.at). News, images and videos on [Facebook](#), [google+](#), [Pinterest](#), [YouTube](#) and [HolidayCheck](#).

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